

Academic Programming

Students will be enrolled in all of the core academic courses, as prescribed by Manitoba Education and Training. Time allotments for Mathematics, English, Science and Social Studies meet or exceed the prescribed minutes of instruction per course.

The Churchill High School Hockey Academy strives for all students to achieve academic excellence. Students will also take courses in Home Economics / Industrial Arts and be provided with opportunities to join all extra-curricular activities at the school.

On-Ice Sessions

An example of a typical week:

Monday, Wednesday, Friday (Skills Program)

Students will participate in a variety of drills aimed at developing stick handling, shooting and skating. Time is also allotted to battle, and time and space oriented drills.

Tuesday and Thursday (Specialized Instruction)

Riley Dudar focuses on strength training, edge work, and overall skating ability. A goaltender coach provides cutting edge instruction for the goaltenders.

Instruction

Students will participate in approximately 120 hours of on-ice instruction from September to April. This includes 60 hours of specialty training / goaltender coaching. Students will also participate in 20 hours of off-ice strength training and conditioning. At the beginning of May, students will begin other academic programming at the school. This may include some of the many options courses offered at Churchill High School.

Venues

On-Ice Instruction

Southdale Community Centre
254 Lakewood Boulevard
Winnipeg, MB
R2J 3A2
(204) 257- 6171

Academic Classes

Collège Churchill High School
510 Hay Street
Winnipeg, MB
R3L 2L6
(204) 474-1301 – English
(204) 474-1305 – French



@chshockeyacademy



HOCKEYACADEMY.CHURCHILLHIGH.CA

Churchill High School
510 Hay Street
Winnipeg, MB R3L 2L6

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CHURCHILL HIGH SCHOOL



HOCKEY ACADEMY 2017/18

A Certified
Hockey Canada
Skills Academy



WINNIPEG SCHOOL DIVISION





Instructors

Teacher / Head Instructor – Tim Friesen: Mr. Friesen has been a teacher of hockey for over twenty years. He is currently associated with the Bar Down Hockey Academy, along with the Mini Blues Skills Programs, which offer off-season camps to players of all ages. Mr. Friesen has coached hockey at a variety of levels, including AAA and AAAA High School, with most of his experience at the competitive levels of Bantam and Midget hockey. He is a Hockey Manitoba certified coach and is also certified through the Hockey Canada Skills Program.

Mr. Friesen has spent the past ten years teaching the International Baccalaureate curriculum. In keeping with his teaching philosophy, it is imperative for the Churchill High School Hockey Academy to be built on a foundation of strong academic standards.

Instructor – Riley Dudar: After playing for five years on the University of Manitoba Bisons hockey team, Mr. Dudar began developing hockey players and athletes during the off-season. He spent four years as the Bison Men's Strength and Conditioning Coach and is currently in his fifth year as assistant coach of the Bison Men's team. Mr. Dudar is also the Director of Athletics at United Therapies Strive and has developed Evolution Hockey. At Evolution Hockey he works on skating and skill development with focused groups of elite level AAA, Junior, and College players. Mr. Dudar has recently begun working with NHL and European professionals. He is trained in Hockey Canada's High Performance Coach 1 program and is also a certified Mental Game Coaching Professional.

Mission

Churchill High School has a long-standing tradition of academic, athletic and artistic excellence. The hockey skills academy will be an extension of both the school and the classroom, mirroring the vision and mission of CHS. Hockey will be used as a tool to keep students engaged and enthusiastic while achieving their full potential within all areas of the school curriculum. The hockey skills academy will reflect the values of the Winnipeg School Division, which strives to create an environment that is inclusive to individual student development, both academically and athletically.

Eligibility

- Hockey Skills Academy begins at Grade 7 and continues into the higher grades.
- Attending school at Churchill High School or Collège Churchill.
- Registered on a Hockey Manitoba team.

Student Expectations

While at Southdale Community Centre, the arena will become an extension of Churchill High School and the Winnipeg School Division. As such, students must adhere to the athletic code of conduct and are subject to the rules and standards of the school. It is an expectation that players will complete their assignments/homework and keep up in their classes. Academics must be a priority in order to participate in the daily on-ice activities.

Cost & Application Deadline

The approximate cost for the 2017/18 school year is \$1800. The application deadline is February 28, 2017. A deposit of \$800 is due with the student's application. Acceptance to the program will be confirmed at the end of May. The remaining balance is to be paid in September. Included in the approximate \$1800 fee is:

- 120+ hours of on-ice training
- 20 hours of off-ice training and conditioning
- 60 hours of specialty training / goaltender coaching
- Transportation from Southdale Community Centre to Churchill High School
- Storage facility for hockey equipment
- Practice jersey, socks, and Hockey Academy t-shirt

Hockey Canada Skills Academy

What is a licensed Hockey Canada Skills Academy?

A skill development program offered within a public or private academic institution for any student registered with a minor hockey association team.

What are the benefits of a Hockey Canada Skills Academy?

- Increase in training time by maximizing arena availability during school hours.
- Enhancement of individual technical and tactical skill development.
- Enhancement of academic achievement through establishing a balance of both academics and athletics.
- Supplements, but does not replace, the club team system.

The desired outcome of a Hockey Canada Skills Academy is not to develop future professional or international calibre athletes, or Rhodes scholars. Instead, students are encouraged to maintain a health balance of academics and sports. The outcome is to enhance a student-player's confidence, individual playing skills, self-esteem and opportunities in both academics and athletics.

